**Look What I Have Done For Lent!**

*Not playing on a tablet, giving up sweets, being polite, sharing my things with others, helping with the cooking, not having a McDonald’s, tidying my bedroom, contacting someone who is lonely, meditating.*

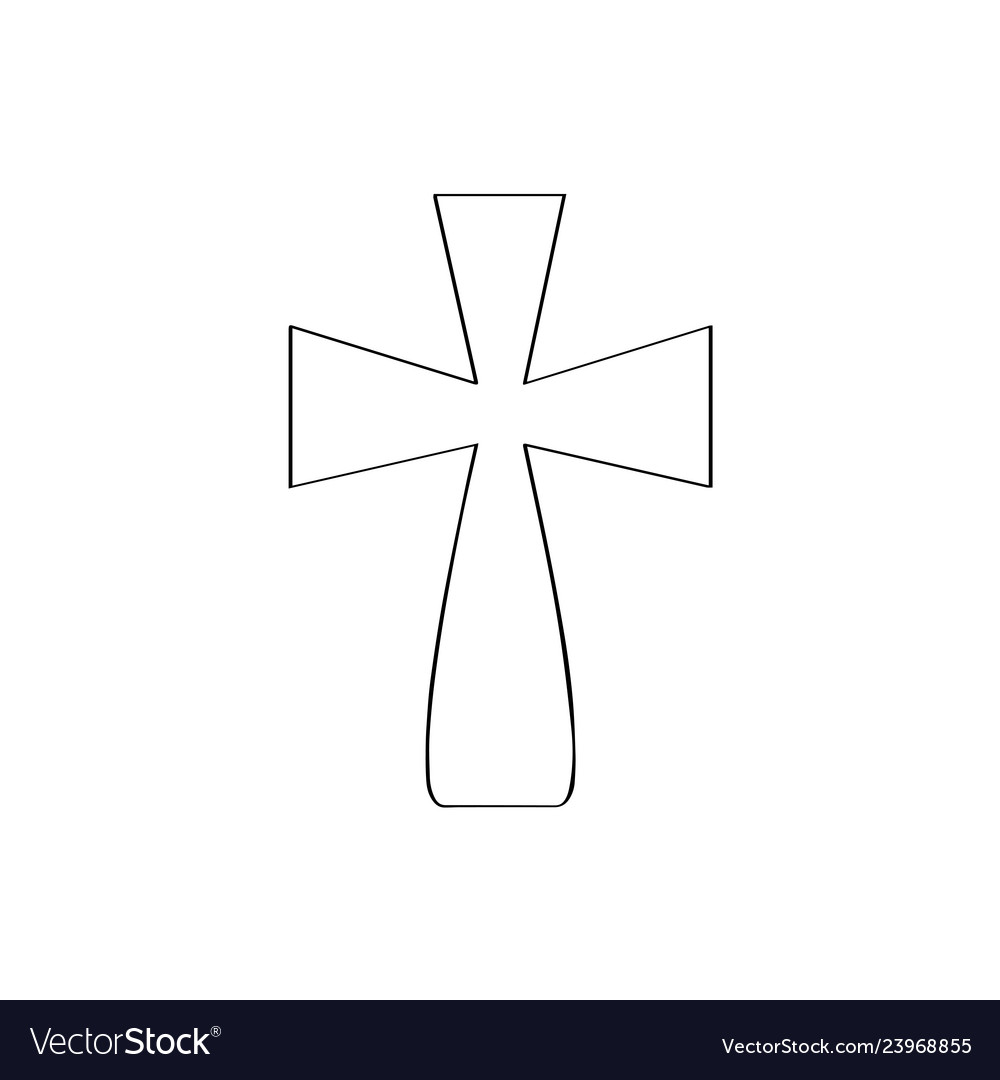
= fast

= pray

= giving

KEY:

= good deed

*****Directions: Draw and colour a shape inside the cross when you have done something positive during the 40 days and nights of Lent.*

*Reading the bible, giving up fizzy drinks, help with the washing up, thanking God, not watching as much TV, saying something nice to somebody, giving money to charity, not using the Xbox/PlayStation.*