**Something that made me feel …..**

We can feel many emotions – in just one day! We can feel good or bad.

Think about your time so far during lockdown, record times when you have felt the emotions below.

|  |  |  |
| --- | --- | --- |
| C:\Users\staff-pyhp5\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\D5FE593B.tmpSomething that has made me feel  worried | ᐈ Happy emoji face stock animated, Royalty Free emoticon icon ...Something that has made me feel  happy | C:\Users\staff-pyhp5\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F320773A.tmpSomething that has made me feel  curious |
| C:\Users\staff-pyhp5\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7EFB8201.tmpSomething that has made me feel  confused | Something that has made me feel  C:\Users\staff-pyhp5\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\9411774C.tmpsilly | Something that has made me feel  C:\Users\staff-pyhp5\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7610F358.tmpgrateful |

Add any other emotions you have felt below….